(instructions at bottom of page)



Los Angeles Orienteering Club

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Event Name and Date:

New or NON-member CONTACT		RACE INFO				
E-mail:			NAME:			
Tel:	el:		Are you running as:	Indiv or Team enter team-name below		
Address::	Address::		Team Name			
City / State / Zip:		eStick: Rental #				
MISC INFO		Course / Class race 1:				
:		2:				
:			CLUB:			
U:			Time registered:			
SEARCH and SAFETY info COMPLETE at EVENT		Normal event FEES \$		Official Use		
M F Age range: -13 13-20 21-45 46-60 60+ VEHICLE License Plate State Color/Make/Model Parked at EMERGENCY contact: Name Tel YOUR cell#: Who at this event knows you? I understand importance of checking out before leaving event, and of being back, finished or not, within 3 hrs or before course closure initials: (ask if you don't understand)		TEAM 7 = \$ Non-member surcharge 5 = one year Membership: Indiv =12, Family =17, Jr =7 = (Amt rec'd \$ Cashier's initials:		
All particpants must sign to accept WAIVER A parent or legal guardian must sign for those under 18 years of age						
Please PRINT names (include ALL team-members)		SIGN and Date				
1.YOUR NAME:				//		
2nd Team member:				//		
3rd Team member:				//		
4th Team member:					//	
WAIVER: I hereby acknowledge and agree: 1) that orienteering is an outdoor action sport with inherent risks, some of which are fore-seeable, but others which are not, and some of which result from human error or negligence on the part of the persons preparing, organiz- ing and staging this event, but others result from my own actions. 2) that, as a result of aforesaid risks and hazards, I, as a participant, may suffer serious personal injury or possibly even death, as well as property loss. 3) that I nevertheless freely and voluntarily assume all aforesaid risks and hazards and that accordingly my preparation for and participation in the above named event shall be entirely at my own risk. Therefore in consideration for the acceptance of my participation in						

the above named event, intending to be legally bound, I do hereby for myself, my heirs, executors and administrators, waive and release any and all right and claims for damages I may have against the Los Angeles Orienteering Club, the United States Orienteering Federation, the landowners, their representatives, lease-holders and assignees and also any sponsors of this event for any injuries or damages to me during or because of this event.

I also agree to return all rental eSticks or pay the "lost fee" within 10 days if it is lost or damaged.

INSTRUCTIONS: 1. Complete this form and sign the waiver. TEAMs: only ONE form per team, your 'team leader' fills form in , you all sign

- 3. go to ePunch to activate your entry. You will receive an eStick if renting and a race BIB#
- 4. go to START, get map, start when told to. (be back within 3hr limit or course closure, which ever comes first)
- 5. BEFORE you leave, finished or not, ALWAYS "download"

at the ePunch Center to get your results. This takes you off a "runners-still-out" list to prevent a search Please return RENTALs