DATE:



REGISTRATION FORM

and Waiver of Responsibility

LOCATION:

INSTRUCTIONS

- 1. Fill in your **safety** and **contact** information.
- 2. PRINT your name CLEARLY, complete your entry, read the waiver (below) and sign the form.
- 3. TEAM of 2 or more running together, choose a TEAM NAME (up to 24 chars)
- 4. Go to REGISTRATION, pay your fees, and rent an eStick (and compass) if you don't own one.
- 5. Take the form to **ePUNCH Center.** You'll be entered into the computer and given a **BIB** Number. Pin it on.
- 6. Go to the START, get a starting time, and have fun!
- 7. BEFORE you leave, finished or not, ALWAYS "download" at the ePUNCH Center. This takes you off a "runners-stillout" list to prevent a search and prints your split-times results to take home.
- Return rentals

TODAY'S SAFETY INFORMATION Vehicle License PlateState Color/Make/Model	PRIMARY CONTACT INFORMATION REQUIRED (Unless you are are a paid up LAOC member who received the last newsletter)				
I am parked at my cell phone ()	Name:				
Age group: under 12 [] teen [] 20-45 [] 46-59 [] 60+[]	E-mail: Phone()				
EMERGENCY CONTACT	Address:				
Name:	City, St, 9-digit Zip				
Phone: ()	A newsletter is mailed or e-mailed (preferred) to new participants who complete				
Name of someone here who knows you:	this section legibly. Choose E-mail (pdf 300kb) with color pictures Or USPS in B&W				

ENTRY INFORMATION - please be clear to speed computer entry

BIB No (Official Use)		First and Last name PRINT CLEARLY	Ind or Team*	Club	eStick #	Course/ Class	Sex	Sign here to accept Waiver*
	1.	PRINT CLEARLY OR WE						
	2.	WILL NOT BE ABLE						
	3.	TO ENTER YOU ON THE						
	4.	COMPUTER						
	•	Teams need a team-name>	Team	Name (2	24 max)			

* All must sign . A parent or legal guardian must sign for participants under 18 years of age

WAIVER: I hereby acknowledge and agree: 1) that orienteering is an outdoor action sport with inherent risks, some of which are foreseeable, but others which are not, and some of which result from human error or negligence on the part of the persons preparing, organizing and staging this event, but others result from my own actions. 2) that, as a result of aforesaid risks and hazards, I, as a participant, may suffer serious personal injury or possibly even death, as well as property loss, 3) that I nevertheless freely and voluntarily assume all aforesaid risks and hazards and that accordingly my preparation for and participation in the above named event shall be entirely at my own risk. Therefore in consideration for the acceptance of my participation in the above named event, intending to be legally bound, I do hereby for myself, my heirs, executors and administrators, waive and release any and all right and claims for damages I may have against the Los Angeles Orienteering Club, the United States Orienteering Federation, the landowners, their representatives, leaseholders and assignees and also any sponsors of this event for any injuries or damages to me during or because of this event.

I agree to return all rental eSticks or pay \$40 within 10 days if it is lost or damaged.

Member	@ \$5	\$ eStick	@ \$2	\$ (Official Use)
Non-member	@ \$10	\$ Compass	@ \$1	\$ TOTAL FEES initials
Member Team	@ \$7	\$ Extra map	@ \$2	\$
Non-Member Team	@ \$12	\$ Tee Shirt	@\$10	\$ \$ /